



# Degrowth Alumni Conference



## **Program**

## **Thursday March 27**

**9-10** Registration

Room Sala Perello

**10-11** Welcome & Presentation Program

Room Sala Perello

Facilitator: Jana Kenkel & Brenda Nistor

11-11:30 Coffee Tsuru Catering

Room Sala Perello

**11:30-13** Session 1: Degrowth in the Professional World

Panel A Panel B
Room Sala Perello Room Aula 1

Facilitator: Brenda Nistor Facilitator: Marula Tsagkari

Speaker 1: Nikol Krejcova Speaker 1: Alejandra Infante Velado

Speaker 2: Sara Mahdi Speaker 2: Alan Fortuny
Speaker 3: Samuel Suter Speaker 3: Bascule Coop
Speaker 4: Jaume Grau López Speaker 4: Karolina Pietrzak

**13-15** Catering

Room Sala Perello

15-16:30 Session 2: Degrowth Art & Activism

Panel A Panel B Room Sala Perello Room Aula 1

Facilitator: Eva Navarro Facilitator: Carlo Sella

Speaker 1: Emilie de Bassompierre Speaker 1: Anna Nordahl Carlsen Speaker 2: Majda Ibrakovic Speaker 2: Lavrentry Repin Speaker 3: Michel Cardito Speaker 3: Sims Rodrigues Speaker 4: Angela Huston Gold Speaker 4: Emma Park

**16:30-17** Poster Session

Room Aula 1

17-18 Online Session: News from the Masters & R&D

Room Sala Perello

Speaker: Ksenija Hanacek, Marula Tsagkari,

Mariona Bonfills

## Friday March 28

**9-10** Registration

Room Sala Perello

**10-11** Alumni Stories Presentation

Room Sala Perello Speaker: Nathalie Roy

11-11:30 Coffee Tsuru Catering

Room Sala Perello

**11:30-13** Session 3: Degrowth in Academia

Panel A Panel B
Room Sala Perello Room Aula 1

Facilitator: Nathalie Roy Facilitator: Lucia Muñoz Sueiro Speaker 1: Jean-Michel Hupé Speaker 1: Donatella Gasparro

Speaker 2: Annie Witschas Speaker 2: Eva Navarro Speaker 3: Tommaso Marconi Speaker 3: Susana Rivera

Speaker 4: Neha Saigal Speaker 4: TBC

13-15 Catering

Room Sala Perello

**15-16:30** Alumni Assembly

Room Sala Perello

Facilitator: Eva Navarro & Steph McDonagh

**16:30** Let's grab drinks and tapas!

## Panel 1.A: Degrowth in the **Professional World**

Thursday, March 27 11:30-13:00 Sala Perelló UAB Facilitation: Brenda Nistor

	Titel	Abstract	Bio
Nikol Krejcova	Tips for campaigns against negative environmental impacts	When we want to stop the project harmful to the environment we need to stand against so much wealth and power. We can use campaigning and I would like to share with you tips which made a difference in international campaign against Turów lignite mine extension or destruction of old growth beech forests in Czechia.	Nikol Krejcova has been active in the environmental movement for twenty years. She lives in Prague and has worked as campaigner in Greenpeace for last six years.

Sara Mahdi

degrowth effectively

Communicating Degrowth is radical, necessary, and... completely trapped in the ivory tower, gathering dust alongside unread economic theories. Meanwhile, the climate crisis is escalating, and we need to talk about solutions that actually make fresh narratives and sense—without sending people into a panic spiral. This workshop, will aid you in how to make degrowth click with anyone, using humor, memes, and plain English (no PhD required). Expect cringe politics, economics, PowerPoint aesthetics, solid comebacks for "but what about my iPhone?", and strategies to make degrowth not just understandable, but irresistible. Come for leads communications the memes, stay because capitalism is crumbling anyway.

Sara is a degrowth and climate researcher, political ecologist, and political-scholar-activist. In her work, she deploys research, mixing natural and social sciences, getting audiences to join the dots between climate change, race, inequality, and social justice. She currently and messaging at Rethinking Economics International while finishing her Masters in Degrowth at ICTA.

Samuel Suter Promoting

sufficiency policy in Swiss municipalities

I would be happy to share some insights Samuel Suter was born from my 1.5 years in the professional world after finishing the political ecology implementation masters. Briefly, I talk about my first year at WWF Switzerland, where I got to codevelop a gamified workshop format (strategy game) aimed at facilitating inclusive policy dialogue in the topic of the Swiss food system. Then, I will talk about my current occupation at the Swiss practice and invested in research institute WSL, where our goal is learning about practices to promote the implementation of sufficiency policy in Swiss municipalities. empathetic dialogue. He I will talk about how we try to achieve this gets sparked by ((1) through accompanying individual municipalities with a needs- and practice- sports, music, and oriented visioning process, and (2) through policy briefs trying to alter framework conditions to be more sufficiency-friendly), what obstacles we face, and how we hope to overcome them.

in Luzern (Switzerland), and after studying an economics bachelor's, he went on to do the political ecology master's from 2021 -2023. He is interested in degrowth policy and of nonviolence and Artivism/Co-Creation, radical honesty.

Jaume Grau López

Planetary Boundaries, the crisis of social on Biological Diversity

The Global Ecological Crisis has two principal axis: climate change and biodiversity loss. The climate emergency biodiversity and is very well known and is in the center of Barcelona (2000), and a the political debate, with the scienceparticipation in coherent policies and the denialists and the Convention neoliberal capitalists clash, and all the collateral discussions and effects. But the biodiversity crisis has not reached the public opinion with enough momentum to have a significant influence in the public policies. Nevertheless, global approaches as the Stockholm Resilience Center's Planet Boundaries warn that the biosphere integrity (both at the functional and genetic levels) is wrecked and is reaching concerning non-return points or tipping points that will result in a global erosion of the living conditions of most of Framework Convention the organisms on Earth, but specially of humanity. The UN Convention on Biological Diversity (CBD) have held 16 Conferences of Parties (CoP) so far, with Catalonia (Vidalia)" important agreements such as the Kunming-Montreal Global Biodiversity Framework for 2030, the global strategic plan for Biodiversity. The evidence that the socioeconomic model has to be totally revised under sustainability and more ecocentric views come year after year, from the scientific reports such as the Global Biodiversity Outlook or the IPBES (Intergovernment Platform for Biodiversity and Ecosystem Servides). But, even under the light of the overwhelming evidence, neither the public opinion and mass-media nor the governments are putting attention and efforts to address this critical challenge. The recent COP16 of CDB, held in Cali, Colombia, in october 2024, showed that even the great energy and ambitious actions displayed by the Indigenous Peoples and the Environment Organiations, little impact was achieved in politicalm terms and in public opinion due to the scarce attention by massmedia. The presentation will highlight the most updated headlines about the dimension of the global biodiversity crisis as well as the thriving role of global ONG in the CBD process in contrast to the inaction by governments and insufficient attention by mass-media.

Jaume Grau López has a Degree in Biology in the University of Masters in Political Ecology, Environmental Justice and Degrowth in the ICTA-UAB (1st edition of the Masters). He has been activist in several social and environmental movements, and has been specially active in Ecologists en Acció since 2002, attending several CoP of both the Convention of Biological Diversity and the UN on Climate Change. He lives in an intentional community in central

## Panel 1.B: Degrowth in the **Professional World**

Thursday, March 27 11:30-13:00 Aula 1 UAB Facilitation: Marula Tsagkari

#### Titel Abstract Bio

Alejandra Infante Velado formal

How nonnon-profit entities can help support Degrowth

Since more than two years I've been professionally working writing and education and managing Erasmus+ funded projects on the issues of plant-based consumption, food security, sustainable urban mobility, artistic environmental education and modernization of the CCS, always with the priority of social inclusion as the funding pillar. From the moment that I began to gain interest in the degrowth theories, movement and practices, I've realised they are much in line with the projects that my NGO (LAND Impresa Sociale) is supporting. And, although I'm aware of the challenges that dealing with starting an agrivoltaic European Commission fundings can imply for the degrowth movement and ethics (something that I will bring up in my contribution), I want to present some of our projects (ECOPRISE, EU FOOD SECURITY HUB, EXTOR, and others), dealing with the topics of social entrepreneurship, food security and responsible rural tourism, and open the discussion on how these type of fundings and initiatives can practically help to bring degrowth principles and consciousness closer to the general population, including the younger part of it, and improve the conditions of disadvantage territories, helping to regenerate them, environmentally and socially.

Alejandra is 26 years old, Double Major in Political Science and International Studies by Uc3m. She is currently enrolled full-time in **ICTA-UAB Online Master** of Degrowth, while she works as a PM and project writer for Erasmus+ funded projects for LAND, an Italian social enterprise in Palermo, which is plant with future project of energy community, while dealing with social inclusion in a disadvantaged territory.

Alan Fortuny

How to organize degrowth transitions The book I 'escata: Ecosocialism as if our life depends on it, offers tentative explanations for the working class to oppose capitalism, austerity, and ecocide. It articulates ecosocialism as both an existing framework and a viable alternative to achieve public abundance and global justice within environmental limits. The book proposes a strategic roadmap to prioritize non-reformist reforms while dismantling neocolonial institutions and enabling the organizational capacities necessary for democratic planning. The analysis of the ecosocialist project is complemented by an examination of the revolutionary subjects driving transformation. Three case studies illustrate the application of the theoretical principles outlined in the book: Ending Germany's support for the ethnic cleansing of Palestinians. Ecosocialism and the energy transition in old daughter, who Empordà. The international degrowth network (IDN) as a vector of transformation. The book provides a class-relevant critique of capitalism alongside a thorough analysis of the politics of the far right and progressive movements. It goes beyond ecosocialist principles, presenting a comprehensive programme and framework for transformation. This includes a cohesive set of policies and a theory of change for an ecosocial transition, with an explicit focus on the role of the state and revolutionary agents. These contributions represent a significant addition to the existing degrowth literature and advance the field by addressing critical questions of political organization.

Born in Barcelona and based in Germany since 2016, Alan has been engaged in environmental activism for nearly a decade. His focus now includes Palestine solidarity and Mera25. Professionally, he supports impactdriven organizations as a data scientist at Leonardo Impact. He is also passionate about running, climbing, and biking the world while advocating for keeping fossil fuels in the ground. Powered by plants and organic farming, he is a proud father to a 3-yearcontinues to teach me the secrets of life and iov.

Bascuel Coop BASCULE and In this panel, Daniela and Rosalie, cothe Degrowth Movement: Challenging Blind Spots Through Strategy, Positionality, and Action

founders of BASCULE, will outline how our team developed our cooperative. We social actors in bringing will explain how our approach was informed by insights from the Degrowth movement, while also addressing its limitations. Specifically, we seek to integrate the movement's critique of growth and its strategy for socioecological transformations while overcoming its intellectual focus, lack of decolonization practices, and minimal practical actions. To illustrate this, we will we completed our share our work in two key areas: activist research conducted with and by social movements, and workshops designed to support political and activist mobilizations.

Bascule is a non-profit consultancy supporting about radical change. Our team —Rosalie, Daniela, Federico, and Anouk—first crossed paths in Barcelona while pursuing the master's degree in Political Ecology, Environmental Justice & Degrowth. As degrees, we became acutely aware of the multi-crises facing our world and disillusioned with the "green" job market, which too often seemed mired in greenwashing and lowimpact roles. This realization nourished our commitment to confront and transform the systems driving these crises and inspired us to create our own path—a place where activism and professional purpose could converge. From our activist backgrounds, we also saw that necessary work was already being done by various radical actors, yet their efforts were often limited by scarce resources. Inspired by systemic thinking. grassroots organizing, and direct action, we envisioned Bascule as a cooperative to support and amplify the work of socio-ecological actors. From strategy to operations, our team's ad hoc skills & expertise, network and tailored services are put in service of transformational initiatives.

Karolina Pietrzak

Business in

The presentation talks about Business in Karolina has Master in Degrowth Way. It comperes the current business values with those proposed by Degrowth, as well as it defines the role of Warsaw. Since 2012 has the business in the system transition. It shows the alternative forms of organisations with the real examples from Germany and Poland (for instance FC St. Pauli and Spółdzielnia Dobrze).

Power Engineering at Technical University in been leaving in Hamburg and working on the front of energy transition globally, focusing on the offshore wind development. In 2023 she became a mother of Liah and student of the 3rd Master on Degrowth cohort. Currently she is working on the first Degrowth guide in polish and setting a new business in more degrowth way.

# Panel 2.A: Degrowth in Art & **Activism**

Thursday, March 27 15:00-16:30 Sala Perelló UAB Facilitation: Eva Navarro

#### Titel **Abstract** Bio

Emilie de Creating Bassompierre alliances for a popular ecology

movement

be sharing lessons learned from organizing in Belgium with Code Rouge and Brigades d'Actions Paysannes, specifically how some of us have been working on creating alliances between environmental activists, trade unions, and farmers. I would like to discuss shortly what has capitalist empire. been our approach so far; what challenges we are meeting and how we are trying to deal with them; and

The presentation I proposed would how this has influenced my understanding of positionality within social & environmental struggles. I hope to sketch some hope and motivation for building a broader base fun activities). They for eco-socialism and anticapitalism.

Since being part of the 4th Degrowth Masters cohort, Emilie (she/they) has been trying to balance paid and unpaid labour hoping it all serves to undermine the (Writing nice advocacy papers with NGOs in Brussels, sabotaging evil companies and people, helping out on farms, or other such hold no certainties about the future, but they are committed to making the present a nicer time to be in.

Majda Ibrakovic Green Europe's periphery: resisted

The energy transition in Bosnia and colonialism in Herzegovina is a perfect example of how capitalist imperatives, under the guise of 'green and sustainable', exposed and drive land dispossession and environmental degradation. The fragmented governance structure has coordinator of the created a fertile ground for privatisation and neoliberal exploitation by domestic elites and transnational capital. Renewable energy projects epitomize this dynamic, displacing local communities, disrupting ecosystems and commodifying natural resources for profit. By the same logic, intense prospecting and exploitation of transition minerals by international corporations' extractive practices, further entrench the green colonialism foundations. Despite BiH's challenging political context, local struggles emerge as land defenders and environmentalists continue to organise, resist, defend and protect the natural and cultural heritage of their land.

Majda Ibrakovic is a geographer, environmentalist and activist from Bosnia and Herzegovina. She is a memberenvironmental network Eko BiH, currently engaged in CSO Eko forum Zenica. She works on advocacy and campaigns for a fair energy transition, which includes organising and supporting communities, grassroots, revealing corporate greenwashing tactics, specifically in extractive industry and the alleged sustainable transition projects in BiH. She is currently a scholar of Degrowth: Ecology, **Economics and Policy** master programme at UAB/ICTA -Barcelona.

#### Michel Cardito

Degrowth and social movements: the case of Italy

Is degrowth a social movement? What is the relationship between degrowth and other social movements? These are the questions based in Trento, Italy. that prompted my research, which focused on the Italian context. With a degrowth activist in militant researcher's perspective, I wanted to analyze what are the realities that deal with degrowth in italy, their mutual relations and their relations with pricipal social movements. The outcomes of this research are partially unexpected and can provide important elements for strategic reflection on whether and how we are building a degrowth movement and what are the directions of evolution we want to have to produce social change.

Michel Cardito is a doctor, facilitator and activist currently He has been a Italy since 2014 and president of a major organisation, Movimento Decrescita Felice, for the last five vears.

### Angela Huston Gold

Coalition building for transnational activitism

United for Climate Justice is an international coalition of activist moments formed in response to the need to collaborate beyond national borders to achieve structural change. Its first campaign aims to stop fossil subsidies at the European level as a leverage point to dismantle global fossil capitalism; its longer-term goals specialises in building are degrowth and a people-powered just transition. In this session we will reflect on the challenges and opportunities for building a cohesive campaign with activists from the diverse contexts of East and West Europe, Africa, Latin America – all of whom are impacted differently by the Disrupt Development. desired economic and ecological transition.

Angela Huston Gold is an interdisciplinary systems thinker, strategist, and activist researcher. With a decade of experience in public services planning in Africa, she diverse coalitions for transformative change. Angela is a research and strategy contributor for United for Climate Justice and a consultant with

## Panel 2.B: Degrowth in Art & **Activism**

Thursday, March 27 15:00-16:30 Aula 1 UAB Facilitation: Carlo Sella

Titel **Abstract** Bio

Anna Nordahl Carlsen

Searching for my eco-niche: the paradigm shift

The western capitalist system is depleting our sense of belonging and Art as a tool in genuine experience of life. As we strive for a post-growth society, how can we engage not only the intellect but also the heart? This presentation explores how artistic research and storytelling serve as vehicles in the process of fermenting our superficial social culture into something more meaningful and collectively just. We explore the artist as an interbeing with economist turned the ability to create spaces where deeper connections can flourish. The presentation is a personal one. It is the story of a recovering economist stepping out of her comfort zone, in search of her eco-niche.

Anna Nordahl Carlsen is a community weaver, an artivist, and a shapeshifter who strives to reduce the synthetic separations created by western economic system. She is an environmental grassroot economist. Currently living in Maputo, she seeks deeper relations with the Mozambican Mangroves and mythologies from the continent.

Lavrentry Repin

Hihiri Pipiri Transcultural Creative Network

Friends of Hihiri Pipiri is a 501(c)3 Not-For-Profit Organization dedicated Artist-Researcher to Artists as Translators and Mediators. Through transcultural experiments, mediation and co creating existences beyond the imagined, Hihiri has resisted enclosure and bordering by supporting freedom of movement initiatives, restored abandoned buildings into schools, libraries, clinics answers for today's and community spaces, provided humanitarian relief during disasters and crisis and engaged creatively in marginalized hard-to-reach communities across five continents. This presentation will focus specifically on strategies and solutions that have enabled Hihiri Pipiri to successfully carry out ambitious projects on shoestring budgets, and the lessons we learned through practising the ethos of "do more with less". The presentation will concurrently delve into the benefits of artist-led humanitarian projects, the creative practices around distribution of responsibility, and how to operate at the intersection between formal, institutional methods and the anarchic, decentralized ideals that are at the core of the organization's premise.

Lavrenty Repin is an engaged in diverse fields including activism, transcultural practice, performance art, history and literature. His work is motivated by two beliefs: that many problems are found in our past, and that there can never be 'homelessness' on our bountiful planet.

Sims Colectivo Rodrigues Grietas

Through art exhibitions, Colectivo Grietas approaches socio-ecological transformations through different lenses: from people's relationships to the city, to land, to their bodies, to non-human beings; from their emotions and their sense of (in)security; and their reflections on a degrowth-oriented future. Their first exhibition in March 2023 was an interactive space, where a diverse audience (people living in Barcelona, family and friends, university colleagues) could reflect on the interconnections between these themes. They challenged the audience to ask themselves: where are transformations taking place? Why could I wish to participate? And if He is interested in I am already participating, how does it socio-ecological make me feel and transform me in return? Meanwhile, they are asking ourselves the same questions: behind cycling. the exhibition is a creative lab for collaboration, where they help each other to think deeper into their topics and to develop their artistic approaches.

Sims Rodrigues, originally from the US, studied Intersectional Studies. Sustainability Studies and Poltical Ecology. transformations. agroecology and

#### Emma Park

Crip Time

The Art of To what extent is the degrowth movement willing to has been called a dancer, confront its own role in reproducing the exclusionary structures it claims to resist? Crip\* time and crip\* culture have shaped alternative ways organiser, and occasional of living, resisting, and adapting in Western societies for decades, yet degrowth pedagogy largely fails to engage with these frameworks—overlooking those who have long embodied its principles. This movement often disregards the people, processes, and theories that inherently productivity, efficiency, and progress—particularly within working-class communities. It will ask how degrowth can move beyond rhetoric to dismantle exclusion in practice, challenge dominant narratives, and adopt strategies that foster truly inclusive, accessible, and interdependent spaces for systemic change. \*In disability culture, "crip" is a reclaimed term that challenges ableist norms, embracing disability as a source of identity, community, and resistance rather than limitation.

Emma/ Emma Jayne/ EJ Park theatre-maker, collaborator, facilitator, movement director, dramaturg, intimacy coordinator, activist, drag king. They're not fussed about definitions. They research, think, make, and do - preferably in collaboration. Their work is a series of overlapping explorations of failure, belonging and power. It always begins in the body presentation critiques how the but manifests in various forms in the hope of bridging the gap between post-capitalist ideology and everyday challenge capitalist notions of actions. Based in rural South-West Scotland, they travel between Scotland, London, disabled, neurodivergent, and and Lebanon to work and live.

# Panel 3.A: Degrowth in Academia

Friday, March 28 11:30-13:00 Sala Perelló UAB Facilitation: Nathalie Rov

**Topic** Abstract Bio

Jean-Michel Responsibility and possible Hupé actions within Academia

The "sounding of the alarm" by the scientific community about the escalating environmental disasters has not had the expected results. The rising of populist and fascists regimes all over the world compromises capacities to change drastically the socioeconomic system and give a chance to halt the suicidal trajectory of our societies. What can, or should, be the role of scientists in this context? and practice political Since 2018, a collective of scientists of all disciplines in Toulouse is experimenting new forms of interactions between science and societies, away from the naïve vision that science produces neutral knowledge to inform decision-makers and fuel political action. This collective defends a position of "political ecology" (atelier d'écologie politique, "Atécopol"), in the sense that all major environmental issues are intertwined with social, cultural, technical, and political factors, power and domination issues. All disciplines are therefore concerned, in STEM as much as in social sciences and humanities. Atécopol considers that the responsibility of scientists is not only to produce knowledge, but also to take part in social change, as scientists. Atécopol has now more than 260 members in Toulouse, and a dozen of other political ecology collectives were created in France following the same model. Atécopol is an informal, horizontal network of

scientists, yet it also benefits from institutional recognition. I will present the key principles and experiences of Atécopol, so we could discuss whether this model

should be extended through

European academia.

Jean-Michel Hupé is a CNRS researcher with a PhD in neuroscience. In 2018, while attending to the first edition of the Degrowth master in Barcelona, he created with colleagues Atécopol in Toulouse. In 2020, he left his neuroscience lab to join a humanities lab ecology full time.

### Annie Witschas

Digital capitalism, Al, and the quest for unlimited growth

In times when capitalism is increasingly struggling to contain its member of the research crises, digital capitalists have found group "Ethics and Critical their new poster child for a solution: Theories of Al" at Artificial Intelligence (AI). Proponents in Silicon Valley and beyond see AI as an opportunity not just to increase productivity, but technologies and power. to unleash a whole new dimension of technological acceleration, leading to unprecedented growth and prosperity. This project not only futures thinking to comes with a devastating environmental footprint and exploitative labour conditions, but also follows a set of harmful ideologies that are currently gaining UAB. political traction, for instance in Trump's cabinet. Without claiming to provide ready answers, I am hoping to bring the tech elites growth agendas onto the Degrowth radar and spark discussions on suitable resistance strategies.

Annemarie Witschas is a Osnabrück University. Her research explores the intersection of digital as well as their implications for liberatory politics, spanning from sexuality. She is currently in the 4th edition of the online Degrowth Master at

Neha Saigal Feminist from the Global South

The impacts of climate change are climate justice inequitable and gendered and and Degrowth women in the Global South, especially those who are poor and disadvantaged due to different intersectional vulnerabilities, bear a is currently working as a disproportionate burden of the climate crisis. These gender inequities, perpetuated by the climate crisis, need to be seen in context of these countries' colonial histories, which established its rule on extractive relations and capitalism. They introduced laws that impacted women, especially those from marginalised communities, further widening gender relations and inequities. The presentation aims to Mobilisation Lab that initiate an inquiry and develop a new framework or discourse around the climate crisis which is based on feminist epistemology, degrowth and climate justice and proposes a Gender Transformative Climate Framework, which challenges the dominant approach to climate action and brings the focus to gender equality and justice Global South which is as a pathway to change. The framework integrates women and marginalised groups in climate change decision-making at all governance levels, leverages feminist leadership that challenges patriarchal norms, and envisions alternative economic systems which place care and social safety nets over perpetual economic growth. It thus provides an alternative to the current policy paradigm on climate solutions which is largely driven by patriarchy and neo-colonialism, promoting top-down, one-size fits all, technocratic solutions.

Neha is an intersectional feminist working on the intersections of gender, caste, climate change and poverty in India. She Director at Asar, an Indian organisation working in the social and environment space. Neha is committed to fostering leadership of civil society activists and grassroot leaders through community organising and regenerative practices and is associated with supports building capacity of organisations and leaders on people powered campaigns. Neha is interested in building a collective understanding on degrowth and delinking as an agenda from the also the focus of her Masters project.

Tommaso Marconi

Western sahara the case of green colonialism and the resistance of saharawii people

The Sahara desert is rich in resources and the 50 years prolonged occupation of western sahara by the moroccan army is entering a new phase that is called green colonialism. To supply europe with green energy the moroccan monarchy is building more and more green power plants struggle. As a journalist expropiating land and legitimizing the colonial oppression in saharawii saharawii struggle. The people.

Tommaso Marconi is a master student of UAB, born in Firenze, Italy, interested in research areas such as colonialism, global south, communalism, buen vivir, indigenous he is covering the article on green colonialism in western sahara has been published in autumn 2024 in magazines such as jacobin, el independiente, sub media, freedom news.

## Panel 3.B: Degrowth in Academia

Friday, March 28 11:30-13:00 Aula 1 UAB Facilitation: Lucia Muñoz Sueiro

#### Bio **Topic Abstract**

Donatella Gasparro

Agrarian Degrowth: developments and the way ahead

Degrowth has been rediscovering rural areas and lifeworlds as key elements for socio-ecologically emancipatory futures. In this talk, I'll share recent developments in the intersection of agrarian studies and degrowth, reflecting on the progress of including rural people and spaces as active agents in shaping degrowth futures. I'll build on: i. the work I'm doing in my PhD, of political ecology and in which I study the degrowth potential of subsistence sociomaterialities in rural Southern Italy; ii. the collective research we're developing on real-existing degrowth at ICTA-UAB; iii. and the international collaborations with which we've been bringing this topic to degrowth gatherings and spaces.

Donatella Gasparro. alumna of the 4th edition of the presencial master, is currently a PhD candidate at the Scuola Normale Superiore (Florence, Italy) in Political Science & Sociology, where she works at the intersection critical agrarian studies. She collaborates with ICTA-UAB within the project "REAL - A Post Growth Deal", in the research cluster working on "Real-existing degrowth". She is a member of the editorial collective of the Italian degrowth publication "Quaderni della Decrescita" and is active in spreading degrowth ideas in Italy and Europe.

Eva Navarro **Ecofeminism** & Degrowth

Degrowth, a leading paradigm addressing our socio-ecological crisis, criticizes the highly destructive animal factory-farming industry. However, it does not challenge the commodification of sentient beings and the underlying system that perpetuates the oppression of the "less-thanhuman". Animals-as-food, reduced to "flesh machines", are exploited with institutional legitimacy rooted in societal belief systems. Drawing upon posthumanist and ecofeminist female entrepreneurs, perspectives, this article argues that to achieve a just transformation, the degrowth proposal must gain ethical congruence and dismantle anthropocentric worldviews. Adopting an anti-speciesist framework becomes crucial to overcoming socio-ecological collapse, fundamentally reshaping our interactions with cohabiting individualities within the biosphere.

Eva is a project manager and researcher working at the intersection of Ecofeminism. Degrowth and Political Ecology. With a background in Psychology and Political Philosophy, her interdisciplinary knowledge enriches her practice. She coordinates ecofeminist educational programs for with a focus on strengthening rural communities, and runs the association GENS (Grup d'Experimentació en Naturisme i Sostenibilitat).

Susana Rivera

Just sustainability

The shift to a system fitting within transitions and the existing planetary boundaries is currently pursuing a PhD a pressing global imperative. Decarbonization, or reducing fossil fuel dependency and minimizing the quantity of energy used per unit journey to a more of economic output, is often championed as the solution. However, nearly a quarter of emissions do not stem from the energy sectors and decarbonization could perpetuate pre-existing sets of disparities and generate an unequal distribution of winners and losers. Decarbonization's socio-economic risks and challenges in equity and justice have been addressed within of which deepened her JT frameworks. However, JT literature is fragmented in its methodological approaches, often lacking empirical rigor and actionable frameworks for implementation. I aim to present my paper, a study that provides a systematic literature review of methodologies applied in JT peerreviewed literature from 2010 to 2022, and addresses this gap by (1) determining what methodological frameworks have been used to study transitions through a justice lens; (2) identifying the strengths, limitations, and research gaps within these methodological approaches (3) highlighting areas for future inquiry. The format of my presentation is a conventional presentation, in which I aim to communicate the findings of this study, which should serve as a critical resource for scholars, facilitating robust, context-specific JT research and supporting broader efforts to move towards a world within planetary boundaries together with a more equal allocation of responsibilities and costs by providing a roadmap for future methodological innovation.

Susana Rivera is hosted by CUBS & MaREI focusing on the Dingle Peninsula and its sustainable and just future as well as social metabolism analysis. Before settling in Ireland, she has completed the Degrowth master's degree in its first installment, as well as another in Ecology and Environmental Management at UB, both passion for exploring the intersection of social and environmental issues, and systemic change.